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## **The 10 Best Instant Pot Cookbooks of 2020**

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1 tbsp (15 mL) oil 1 cup (250 mL) onion, coarsely chopped. 3 garlic cloves, minced. 1 tbsp (15 mL) ground cumin  $\frac{1}{4}$  tsp (1 mL) chipotle powder or smoked paprika 6 cups (1  $\frac{1}{2}$  L) vegetable broth 1 large bay leaf 2 tsp (10 mL) fresh oregano leaves or 2 tbsp (30 mL) dried  $\frac{1}{2}$ -2 tsp (3 - 10 mL) salt, to taste.

### **Instant Pot Pressure Cooker Recipe Book - North America ...**

The Instant Pot tops out at 11.6 psi on high and 7.2 psi on low. Cooking food under pressure means soup's ready in 10 minutes, quinoa's finished in 60 seconds and rice is ready in four short minutes. Hard-cooked egg's are ready to peel in six minutes cooking time. No wonder the Instant Pot's so hot.

### **A Beginner's Guide to Instant Pot Cooking | Allrecipes**

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### **101 Instant Pot Recipes For The Complete Beginner**

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Instant Pot Pro Crisp Air Fryer Cookbook for Beginners, ISBN 1954091559, ISBN-13 9781954091559, Brand New, Free shipping in the US  
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We rounded up the best Instant Pot cookbooks for every level of expertise and every type of foodie interest, from the basics for beginners to exotic foreign cuisines. And of course, there are plenty of health-minded options for those following Weight Watchers, keto, and other popular diets.

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